

Great Lakes Community Action Partnership

MEALS ON WHEELS



Home-delivered weekday
meals Monday-Thursday

For Sandusky County
homebound seniors
age 60 and over

Provides safety check
during delivery days

Helps seniors stay
independent



800-775-9767
GLCAP.ORG/MEALSONWHEELS



UNITED WAY
Sandusky County



Great Lakes
COMMUNITY ACTION
PARTNERSHIP

MORE THAN A MEAL

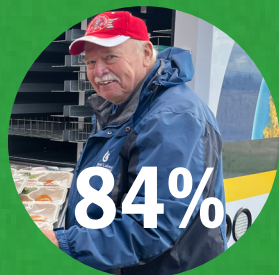


Meals on Wheels



79%

**SAY MEALS ON
WHEELS IMPROVES
THEIR HEALTH**



84%

**FEEL MORE SECURE
BECAUSE OF MEALS
ON WHEELS**



91%

**SAY MEALS ON
WHEELS HELPS THEM
STAY INDEPENDENT**

Meals on Wheels is known for helping home-bound seniors by offering nutrition support through weekday home-delivered lunches. But along with ensuring that seniors receive essential nutrition, Meals on Wheels offers:

- A daily check-in to ensure that seniors are safe at home
- Help for families who need assistance with elder care throughout the week
- Socialization for seniors who have limited mobility
- A chance for seniors to continue living in their own homes

That's why we say — Meals on Wheels is more than just a meal.



Source: www.mealsonwheelsamerica.org/facts

127 S. Front St., Fremont, Ohio 43420 • 1-800-775-9767

This institution is an equal opportunity provider.