

Great Lakes Community Action Partnership

MEALS ON WHEELS



Home-delivered weekday
meals Monday-Thursday

For Sandusky County
homebound seniors
age 60 and over

Provides safety check
during delivery days

Helps seniors stay
independent



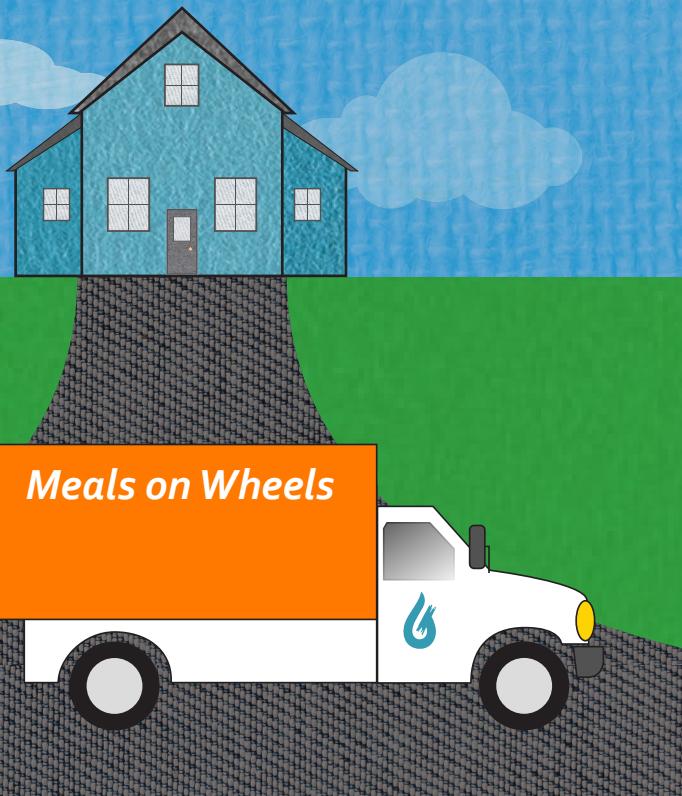
800-775-9767
GLCAP.ORG/MEALSONWHEELS



UNITED WAY
Sandusky County

 **Great Lakes**
COMMUNITY ACTION
PARTNERSHIP

MORE THAN A MEAL



SAY MEALS ON WHEELS IMPROVES THEIR HEALTH



FEEL MORE SECURE BECAUSE OF MEALS ON WHEELS



SAY MEALS ON WHEELS HELPS THEM STAY INDEPENDENT

Meals on Wheels is known for helping home-bound seniors by offering nutrition support through weekday home-delivered lunches. But along with ensuring that seniors receive essential nutrition, Meals on Wheels offers:

- A daily check-in to ensure that seniors are safe at home
- Help for families who need assistance with elder care throughout the week
- Socialization for seniors who have limited mobility
- A chance for seniors to continue living in their own homes

That's why we say — Meals on Wheels is more than just a meal.



Source: www.mealsonwheelsamerica.org/facts

127 S. Front St., Fremont, Ohio 43420 • 1-800-775-9767

This institution is an equal opportunity provider.