

SANDUSKY COUNTY SENIOR DIRECTORY



2022-2023



**Due to COVID-19, some of these resources may have been altered or adjusted; call the agency with inquiries*

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SANDUSKY COUNTY SENIOR DIRECTORY 2022-2023

The Golden Threads Senior Program of ProMedica Memorial Hospital, United Way of Sandusky County First Call for Help, and Great Lakes Community Action Partnership Senior Programs have created this directory as a quick, useful tool for seniors and their families. Its purpose is to provide updated information about both community resources and local activities geared to the Sandusky County senior population. Agency inclusion in this directory does not imply endorsement, nor does omission imply lack of endorsement.

This directory is updated every two years.

If you cannot find the information you need or you want more detailed information, please call United Way of Sandusky County First Call for Help at 419-334-2720 or access the database of available agencies at www.uwsandco.org/help.php

If you would like additional copies of this directory, contact:
Golden Threads Senior Program of
ProMedica Memorial Hospital at **419-334-6613**
First Call for Help at **419-334-2720**
GLCAP Senior Programs at **419-334-8383**

SANDUSKY COUNTY SENIOR SERVICES AND RESOURCES

2022 - 2023

Adult Day Care

- Easterseals Adult Day Care** 419-332-3016
1907 Croghan Street, Fremont
- Elmwood Assisted Living and Skilled Nursing** 419-332-6533
1545 Fangboner Road, Fremont
- Valley View Health Campus**..... 419-332-0357
1247 CR 176, Fremont
- The Willows at Bellevue** 419-483-5000
101 Auxiliary Drive, Bellevue

Adult Protection

- Sandusky County Department of Job & Family Services** .. 419-334-8708
2511 Countryside Drive, Fremont
Investigates senior (60 and older) abuse, neglect, or exploitation

Alzheimer Support

- Alzheimer Association - NWO Chapter** 1-800-272-3900
Support program; Alzheimer Support Group meets at ProMedica Memorial Hospital

Apartments or Retirement Living

- Bethany Place Senior Apartment Community** 419-334-5500
916 North Street, Fremont
- Bethesda View Apartments** 419-355-0206
540 North Brush Street, Fremont
- The Commons at Little Bark Creek** 419-355-9638
750 Robin Lane, Fremont
- Fort Stephenson House Apartments** 419-334-9586
600 West State Street, Fremont

Hayes Manor Apartments	419-334-9908
914 Quail Drive, Fremont	
Janel Terrace Apartments	419-334-4991
315 Bidwell Avenue, Fremont	
Laurelhurst Senior Living	419-547-3700
900 North Woodland Avenue, Clyde	
Luther Meadow	419-637-2811
100 Meadow Lane, Gibsonburg	
Rotary Commons	419-483-1590
259 Northwest Street, Bellevue	
Tanglewood Landings Apartments	419-849-3730
105 Brookside Drive, Woodville	
Assisted Living	
Clyde Gardens Place	419-547-5267
700 Coulson Street, Clyde	
Elmwood Assisted Living and Skilled Nursing	419-332-6533
1545 Fangboner Road, Fremont	
Orchard Grove	419-484-1111
670 Flat Rock Road, Bellevue	
Randall Residence of Fremont	419-342-1705
805 South Buchanan Street, Fremont	
Spring Creek Assisted Living	419-639-2581
430 North Broadway Street, Green Springs	
Valley View Health Campus	419-332-0357
1247 CR 176, Fremont	
The Willows at Bellevue	419-483-5000
101 Auxiliary Drive, Bellevue	

Budget Counseling

Apprisesn..... **1-800-355-2227**
Budget and bankruptcy counseling; debt management; Free assessment; other services on sliding fee scale

Cancer - Related Services

- The Bellevue Hospital** 419-483-4040
Mammograms and support services
- Cleveland Clinic/North Coast Cancer**..... 419-626-9090
Cancer treatment and support services
- ProMedica Dorothy L. Kern Cancer & Infusion Center**..... 419-559-2700
2390 Enterprise Drive, Fremont
Cancer treatment and support services
- ProMedica Home Medical Equipment**..... 419-332-6931
Bras, prostheses, and other medical supplies
- ProMedica Memorial Hospital**..... 419-332-7321
715 South Taft Avenue, Fremont
Mammograms
- Sandusky County Cancer Care Fund**..... 419-334-8938
826 West State Street, Fremont
*Financial assistance for Sandusky County residents in cancer treatment, through the **United Way of Sandusky County***

Clothing

- Goodwill (Bellevue)**..... 419-483-2244
855 West Main Street, Bellevue
Used clothing, furniture, and more; Fees
- Goodwill (Fremont)**..... 419-355-1579
1040 Oak Harbor Road, Fremont
Used clothing, furniture, and more; Fees
- Hayes Memorial United Methodist Church**..... 419-334-2605
1441 Fangboner Road, Fremont
Clothes Closet—free clothes and limited household items.
- Pass It On Clothing Closet**..... 419-483-3071
203 Maple Street, Suite B, Bellevue
Clothing assistance; Free
- Sandusky County Share and Care Center**..... 419-334-2832
129 Bidwell Avenue, Fremont
Clothing thrift shop with small furniture items; some fees

Developmental Disability - Related Services

Sandusky County Board of DD 419-332-9296

1001 Castalia Street, Fremont

Programs, services, and supports for people with developmental disabilities

Education

Aspire 419-334-6901, Ext 2703

Vanguard Adult Career Center, 1306 Cedar Street, Fremont

Adult education and literacy and basic skills. Includes GED instruction

Terra State Community College 419-334-8400

2830 Napoleon Road, Fremont

Credit and non-credit courses; includes Lifelong Learning programs

Emergency Response Systems

ProMedica Home Medical Equipment 419-332-6931

1005 Everett Road, Fremont

Personal response systems for your home; Fees

Employment Services

Goodwill Ind. Senior Community Service Emp. Program. 419-625-4744

Training and services designed to assist older job seekers find and keep employment. Must be 55 or older

Ohio Means Jobs 419-332-2169

2511 Countryside Drive, Suite D, Fremont

Employment postings and work-related trainings and services

Food Assistance – Home Delivered Meals

Four County Young At Heart 419-483-6600

Delivers noon meals to seniors who live in the Bellevue area; Fees

GLCAP Meals on Wheels 419-333-5082/1-800-775-9767

Meals delivered to homebound seniors, Monday – Friday.

Donation suggested; Can also contact for assistance applying for the Senior Farmers’ Market Nutrition Program Vouchers

Food Assistance – Meal Sites

The Family Worship Center 419-334-8353

120 East State Street, Fremont

Every third THURSDAY, beginning at 6:00 pm

- First United Methodist of Clyde**..... 419-547-0734
 510 West Maple Street, Clyde
 Typically the last WEDNESDAY of every month, 5:00 pm - 6:00 pm
- The Fremont Soup Kitchen**..... 419-332-1558
 Grace Lutheran Church, 705 West State Street, Fremont
 Every THURSDAY, 11:30 am – 12:30 pm, unless schools are closed
- GLCAP Senior Programs**..... 419-334-8383/1-800-775-9767
 11:30 meal at local senior centers (Clyde, Fremont, and Gibsonburg).
- Hayes Memorial United Methodist Church**..... 419-334-2605
 1441 Fangboner Road, Fremont
 Every MONDAY 5-6:30 pm
 Every THURSDAY 10-11:30 am
- Pontifex**..... 419-333-9667
 416 West State Street, Fremont
 Every TUESDAY from 4:30 – 5:30 pm
 Every FRIDAY from 11:00 am – 12:00 pm
- St. Paul’s Episcopal Church**..... 419-332-3032
 206 North Park Avenue, Fremont
 Every fourth SUNDAY at 5:00 pm
 (Exception: December is the third Sunday)
- Food Pantries**
- Bellevue Fish and Loaves** 419-484-2814
 203 Maple Street, Bellevue
 Every WEDNESDAY, 1:00 pm – 5:00 pm
***Bellevue area residents only**
- Clyde Food Pantry, The Back Door** 419-547-6232
 803 West McPherson Highway, Clyde
 Every THURSDAY, 9:00 am – 11:00 am & 4:00 pm – 6:00 pm
***Clyde area residents only**
- The Family Worship Center** 419-334-8353
 120 East State Street, Fremont
 Third TUESDAY, 11:00 am – 12:30 pm

Gibsonburg Clergy Association Food Pantry..... 567-201-3962
116 South Main Street, Gibsonburg
Second and fourth MONDAY, 5:00 pm – 6:00 pm
Must call ahead

***Gibsonburg area residents only**

Gibsonburg United Methodist Church..... 419-637-2159
200 East Madison Street, Gibsonburg
WEDNESDAY, 5:30 pm - 6:30 pm

***Gibsonburg area residents only**

Hayes Memorial United Methodist Church..... 419-334-2605
1441 Fangboner Road, Fremont
MONDAYS 5:00 PM- 6:30 PM & THURSDAYS 10:00 am–11:30 am
Mainly non-perishable items

Pontifex Food Outreach 419-333-9667
416 West State Street, Fremont
MONDAY from 1:00 - 3:00 pm

Sandusky County Food Pantry 419-334-8158
129 Bidwell Ave., Fremont
MONDAY - FRIDAY, noon – 2:30 pm, need referral from SC Department of
Job & Family Services or SC Share and Care Center

***Sandusky County residents only; once every 30 days**

Woodville Good Samaritan Council 419-849-3952
212 Bridge Street, Woodville
Last FRIDAY, 8:30 am – 9:30 am, dates vary in November & December

***Woodville area residents only**

Food Stamps

SNAP (Formerly Food Stamps) 419-334-3891
Sandusky County Department of Jobs and Family Services
2511 Countryside Drive, Fremont
SNAP application and program; screening for local food pantries

Furniture

Goodwill (Bellevue) 419-483-2244
855 West Main Street, Bellevue
Used clothing, furniture, and more; there is a cost.

Goodwill (Fremont)..... **419-355-1579**
1040 Oak Harbor Road, Fremont
Used clothing, furniture, and more; there is a cost

Share and Care **419-334-2832**
129 Bidwell Ave, Fremont
Accepts donations and provides used furniture assistance

Golden Buckeye Card

Golden Buckeye Card **1-866-301-6446** (for replacement)
Card is mailed to those with Driver’s Licenses; must be 60 and older;
Applications are also available at senior centers or local libraries

Hearing-Related Services

Bowling Green State University Hearing Clinic **419-372-2515**
200 Health Center Building, Bowling Green
Hearing examinations and other hearing aid services. Sliding fee scale

Hear Again Company **419-334-7732**
1525 Port Clinton Road, Suite D, Fremont
Hearing examinations and other hearing aid services. Fees

Hear Now Program/Starkey Foundation..... **1-800-328-8602**
Assists those, who are deaf or who are hard of hearing, and have no other source to acquire a hearing aid. Processing fee

Professional Hearing Service **419-334-7732**
305 Third Avenue, Fremont
Hearing examinations and other hearing aid services; Fees

Homebound Book Delivery

Birchard Public Library—Fremont **419-334-7101**

Clyde Public Library..... **419-547-7174**

Home Health and/or Personal Care Services

Bridge Home Health & Hospice **419-423-5351**
Skilled nursing, physical, occupational, and speech therapies, medical social services and nurse’s aide assistance – all in the comfort of your home

Comfort Keepers **419-272-6633**
Non-medical in-home personal care; serves Sandusky County

- Easterseals** **419-332-3016**
Personal care, home care, and respite care
- Fisher-Titus Home Health Care** **419-668-0099**
Skilled nursing; physical, occupational, & speech therapy; also, provider for pediatric patients
- Guiding Hands Home Health Services**..... **419-898-5909**
Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Services, Home Health Aide, Private Duty
- Heritage Health Care** **419-867-2002**
Nursing, home health, and other services
- Home Instead Senior Care**..... **888-519-8109**
Non-medical personal care and home care
- PASSPORT/Options for Independence** **1-800-472-7277**
Aide and homemaker services; skilled nursing; and therapy services
- ProMedica Home Health** **419-334-6626**
Nursing and therapy services for physical, occupational and speech
- Home Modification (also see Medical Equipment and Supplies)**
- GLCAP Housing Program** **419-334-8911**
Weatherization, rehabilitation, and other emergency home repairs
- Homeless Shelters**
- The Community Fortress** **419-552-1813**
 410 Birchard Avenue (Arch Street entrance), Fremont
- Liberty Center of Sandusky County**..... **419-332-8777**
 1421 East State Street, Fremont
- Hospice Services**
- ProMedica Hospice**..... **1-800-505-7444**
Comprehensive services for those with an advanced illness. Holistic care and support for patients and their families; bereavement support services offered.
- SouthernCare Hospice Services**..... **567-401-0200**

Stein Hospice **1-800-625-5269**
Comfort, compassion, and support during life’s final journey; Bereavement support services

Hospitals and Clinics

The Bellevue Hospital **419-483-4040**
1400 West Main Street, Bellevue
Hospital services and more

Community Health Services **419-334-3869**
2221 Hayes Ave., Fremont
Medical and dental clinics at a sliding scale fee rate

Fisher-Titus Medical Center **419-668-8101**
272 Benedict Avenue, Norwalk

ProMedica Memorial Hospital..... **419-332-7321**
715 South Taft Avenue, Fremont
Hospital care, home health, therapy, support services, and more

Rehabilitation Hospital of Northwest Ohio **419-214-6600**
1455 W Medical Loop, Toledo
Intensive rehabilitation for diseases or injuries such as strokes, brain, spinal cord, and orthopedic injuries

Sandusky County Public Health **419-334-6377**
2000 Countryside Drive, Fremont
Health clinics, flu shots, and other health-related services

Information and Referral Services

Area Office on Aging of NW Ohio **1-800-472-7277 or 419-382-0624**
Information and referral for Northwest Ohio area senior services

First Call for Help **419-334-2720**
Information and referral service for Sandusky County. On-line search for services also available at www.uwsandco.org

Ohio Department on Aging **1-800-266-4346 or 614-466-5500**
Information and referral concerning Ohio senior services

Insurance Counseling

Community Health Services **419-334-3869, Ext 251**

2221 Hayes Ave., Fremont

Assistance with enrollment in Managed Care Insurance Programs

Golden Threads Senior Membership **419-334-6613**

ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont

Insurance claims assistance; assistance with Medicare Part D enrollment

Legal Services

Law Office of Phillip T. Wylkan..... **419-332-3800**

1430 Oak Harbor Road, Fremont or www.2helpseniors.com

Certified Elder law attorneys, specializing in Medicaid/Medicare, veteran's benefits, estate planning and other senior issues

Legal Aid of Western Ohio..... **1-888-534-1432**

Legal services, including no-cost services for qualified senior citizens

Pro Seniors Legal Hotline **1-800-488-6070**

Legal advice and referrals for senior citizens (60 and older)

Medical Equipment and Supplies

CVS Gibsonburg **419-637-7441**

241 West Madison Street, Gibsonburg

Durable medical equipment and aids for daily living; Fees

Easterseals **419-332-3016**

1907 Croghan Street, Fremont

Hospital-type equipment is available for temporary loan; Free

Hart Medical Equipment **419-332-4938**

1211 Oak Harbor Road, Fremont

Oxygen, CPAP/BiLevel, nebulizers, scooter/power chairs, lift chairs, walking aids, hospital beds, etc.

ProMedica Home Medical Equipment..... **419-332-6931**

1005 Everett Road, Fremont

Equipment and supplies, including oxygen, hospital beds, and more; Free delivery

VFW..... **419-334-2551**
Loan medical equipment to community members; do not have to be a veteran to qualify

Medicare Information Services

Medicare Hotline..... **1-800-633-4227**

Medicare Prescription Drug Assistance..... **419-334-6613**

Ohio Senior Health Insurance Information Program (OSHIIP) **1-800-686-1578**

Social Security Hotline **1-800-772-1213**

Mental Health & Substance Use Services

C.H.O.I.C.E.S Behavioral Health Care..... **419-960-4009**
126 East Perry Street, Port Clinton (serving Sandusky County)
Agency and home-based counseling and case management

Cornerstone Counseling of Bellevue..... **419-483-9411**
817 Kilbourne Street, Bellevue
Counseling provided by Christian therapists

Crisis Text Line..... **text HOME to 741741**
24-hour free and confidential crisis intervention service

Firelands Counseling and Recovery Services..... **419-332-5524**
675 Bartson Road, Fremont
Outpatient counseling services and medication management

Firelands 24-Hour Crisis Hotline **1-800-826-1306**
24-hour crisis hotline and referral service

Lutheran Social Services **419-334-3431**
512 East State Street, Fremont
Individual, marriage, family, anger, and geriatric counseling

NAMI (National Alliance on Mental Illness)..... **419-334-8021**
428 Croghan Street, Fremont
Support groups and classes for the mentally ill and their families

ProMedica Behavioral Health **419-334-6619**
ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont
Outpatient counseling services and medication management

Sojourn at Seneca Senior Behavioral Health Hospital **567-207-2230**
50 St. Lawrence Drive, Tiffin
Acute inpatient psychiatric treatment for adults 55 and older

Nursing Home and Respite Care Facilities

Bellevue Care Center **419-483-6225**
1 Audrich Square, Bellevue
Long and short-term care, rehabilitation, respite and hospice care

Bethesda Care Center **419-334-9521**
600 North Brush Street, Fremont
Long-term care, memory support, short-term rehabilitation, and end-of-life care

Countryside Manor **419-334-2602**
1865 Countryside Drive, Fremont.
Long and short-term care; rehabilitation; memory care; and respite and hospice care

Elmwood Assisted Living & Skilled Nursing **419-332-6533**
1545 Fangboner Road, Fremont
Assisted living, skilled nursing, memory care, long-term care, and hospice

Heritage Village of Clyde **419-547-9595**
700 Helen Street, Clyde
Long and short-term care, including a hospice unit

Parkview Care Center **419-332-2589**
1406 Oak Harbor Road, Fremont
Skilled nursing, comprehensive rehabilitation, Alzheimer's and dementia care, and long-term care

Spring Creek Nursing and Rehabilitation - WEST **419-639-2626**
401 North Broadway Street, Green Springs
Skilled nursing, long-term care, rehabilitation therapy, and respite care

Valley View Health Campus **567-201-4393**
1247 N River Rd, Fremont
Long and short-term care, rehabilitation, and assisted living services

The Willows at Bellevue..... **567-228-6001**
101 Auxiliary Drive, Bellevue
Long and short-term care; assisted living; transitional, memory, & respite care; adult day service; physical, occupational & speech therapy; outpatient therapy; and independent living

Windsor Lane Health Care and Rehabilitation **419-637-2104**
355 Windsor Lane, Gibsonburg
Long and short-term care, rehabilitation, respite and hospice care

Parkinson Support

Parkinson Fitness Class **419-332-6709**
1800 West State Street, Fremont

Parkinson Foundation of Northwest Ohio **419-438-5584**
Support group and “Movers and Shakers” fitness classes for individuals diagnosed with Parkinson disease; Services available in Fremont

Phone Assistance

Assurance Wireless **1-888-898-4888**

Link Wireless **1-855-754-6543**

SAFE-LINK **1-800-SAFELINK/1-800-723-3546**

Physical Therapy/Rehabilitation

ProMedica Memorial Total Rehab
710 Cleveland Avenue, Fremont.....**419-334-6630**
509 W. McPherson Hwy, Clyde.....**419-547-0524**
116 S. Main, Gibsonburg **419-637-2161**
Physical Therapy, Occupational Therapy, Speech Therapy, Pelvic Health, Aquatics, Lymphedema and Wellness Programs

P.T. Services Rehabilitation

1800 W. State Street, Fremont **419-332-6709**
22020 State Route 51 W, Genoa..... **419-855-8301**
Physical Therapy, Occupational Therapy, Speech Therapy, Massage Therapy, Wellness Programs

Rehabilitation Hospital of Northwest Ohio..... 419.214.6600

1455 W Medical Loop, Toledo

Intensive rehabilitation for diseases or injuries such as Strokes, Cardiac Rehab, Brain, Spinal Cord and Orthopedic injuries

Prescription Assistance

Bellevue Salvation Army 419-484-2769

First United Methodist Church, 901 Northwest Street, Bellevue

Emergency prescription assistance for Bellevue residents

Sandusky County Cancer Care Fund..... 419-334-8938

826 West State Street, Fremont

Limited assistance for Sandusky County residents receiving cancer treatment

Sandusky County Share and Care Center 419-334-2832

129 Bidwell Avenue, Fremont

Limited prescription assistance for Sandusky County residents

Prescription Delivery

CVS Fremont 419-332-1505

Mail order delivery available; fees

CVS Gibsonburg 419-637-7441

Mail order delivery available; fees

CVS Woodville..... 419-849-2781

Mail order delivery available; fees

Kroger Pharmacy 419-332-9187

Free delivery within Fremont city limits only

Recreation

Anytime Fitness Bellevue 419-484-5426

102 Commerce Park Drive, Bellevue

Bellevue Community Center 419-483-5555

800 Monroe Street, Bellevue

The Bellevue Hospital Rehabilitation Services 419-483-4040

102 Commerce Park Drive, Suite A, Bellevue

Offers supervised independent warm water exercise sessions and balance screenings. Call Extension 4279 for details.

- Fremont Parks and Recreation Department** 419-334-5906
 600 St. Joseph Street, Fremont
Senior exercise, Silver Sneakers, Silver Fit, swimming pool, and walking track
- ProMedica Memorial Hospital**..... 419-539-0235
 710 South Taft Avenue, Herbert Perna Center, Fremont
Heated pool and senior exercise programs
- Sandusky County Park District**..... 419-334-4495
Several parks and various programs; walking and bike trails
- YMCA of Sandusky County**..... 419-332-9622
 1000 North Street, Fremont
 Senior program, Silver Sneakers, pool, and more; Discount is offered for those 62 and older

Senior Centers

- Sandco Life Enrichment Center**..... 567-855-5183
 131 South Main Street, Clyde
- Sandco Fremont Co-Opportunities**.....419-547-3273
 1466 E. State Street, Fremont
Community inclusive day site for seniors receiving services through the Sandusky County Board of Developmental Disabilities
- Clyde Senior Center**..... 419-547-8052
 Laurelhurst, 900 North Woodland Avenue, Clyde
- Four County Young at Heart** 419-483-6600
 690 Flat Rock Road, Bellevue
- Gibsonburg Senior Center**..... 419-637-7947
 Luther Meadow, 100 Meadow Lane, Gibsonburg
- Sandusky County Senior Campus** 419-334-8383
 1101 Castalia Street, Fremont

Social Security Services

- Social Security Administration**..... 1-866-614-4760
 2220 Enterprise Street, Fremont; www.socialsecurity.gov

Tax Preparation

- AARP** 1-888-687-2277
Assistance with income tax forms, January 1 – April 15

Transportation

First Choice Cab Company 419-307-1352

Cab service; Fees

Hart's Ambulette 419-332-3911

Handicapped and wheelchair accessible van; Fees/Medicaid; Available nights and weekends with appointment

North Central EMS..... 1-800-589-2515

Emergency and non-emergency medical transportation; Fees

Reliable Rides..... 419-559-5341

Public transportation, delivery service; Fees

Remembrance Taxi 567-201-1159

Taxi service; Fees

Sandusky County EMS..... 911/419-332-7313

**EMERGENCY ONLY ambulance service; Fees*

TRIPS..... 419-332-8091

Public transportation system; fees; call for cost information

Utility Assistance

Great Lakes Community Action Partnership 419-334-8911

Sandusky County Share and Care Center..... 419-334-2832

Utility Assistance Appointment Hotline 567-432-5046

127 South Front Street, Fremont

Entry-point to various utility programs including HEAP, Emergency HEAP, PIPP, and more

Veteran Services

Veterans Service Office and Commission 419-334-4421

2511 Countryside Drive, Suite B, Fremont

Variety of services for veterans and their dependents

Volunteer Opportunities

First Call for Help 419-334-2720

United Way of Sandusky County, 826 West State Street, Fremont

Directory of Volunteer Opportunities is available in print at the United Way of Sandusky County office and as a PDF at www.uwsandco.org

Groups and Churches with Activities for Seniors

- Clyde Christian Church** 419-547-9628
206 South Main Street, Clyde
Disciples of Christ - Worship, classes and events
- The Family Worship Center** 419-334-8353
120 East State Street, Fremont
PTO [Prime Time Overcomers] (age 50 and older) meets monthly
- First Presbyterian Church**..... 419-334-7171
120 South Park Avenue, Fremont
Satellites – Dinner and program fellowship for seniors. A Senior Lunch is offered the second Wednesday each month
- Four County Young at Heart** 419-483-6600
690 Flat Rock Road, Bellevue
Senior activities and programs
- GLCAP Senior Programs** 419-334-8383/1-800-775-9767
Offers various senior activities, trips, and programs, and 3 senior centers;
visit www.glcap.org
- Golden Threads Senior Membership Program**..... 419-334-6613
ProMedica Memorial Hospital, 715 South Taft Avenue, Fremont
Support program and activities for those who are 55 and older
- Harvest Baptist Temple**..... 419-547-8251
1022 South Main Street, Clyde
Golden Apples – senior group meets fourth Tuesday monthly
- Mature Audience Luncheons** 419-483-4040, Ext 4299
The Bellevue Hospital, 1400 West Main Street, Bellevue
Monthly noon luncheon and programs for those over 55
- Retired Eagles Activity Club** 419-332-3961
(Contact) Eagles Hall
Lunch at 12:30 PM – second and fourth Tuesday. Meeting and social hour follow. Over 55, retired, and member of the Eagles
- Trinity United Methodist Church**..... 419-665-2262
231 South Maple Street, Lindsey
Monthly senior activities held first Monday each month at 1:30 pm

Useful Web Sites

American Association of Retired People - www.aarp.org

Area Office on Aging of Northwestern Ohio - www.areaofficeonaging.com

Benefits Check Up - www.benefitscheckup.org

Enter personal information to find programs and services you may be eligible for such as help with mediation, food, utilities, legal, taxes, in-home services, and transportation

Eldercare Help - www.caring.com

Helps caregivers find services for the elderly

Medicare - www.medicare.gov

National Alliance on Mental Illness (NAMI) - www.nami.org

Ohio Consumers' Counsel – www.occ.ohio.gov

Utility information and tips, along with helpful phone numbers.

Ohio Department on Aging - www.aging.ohio.gov

Includes information on the Golden Buckeye Card, Passport Program and more.

Ohio Senior Health Insurance Information Program (OSHIIP) - www.insurance.ohio.gov

Prescription Assistance - www.goodrx.com

GoodRx gathers current prices and discounts to help you find the lowest cost pharmacy for your prescriptions

Social Security – www.socialsecurity.gov

Provides information about programs and applications for benefits.

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Great Lakes
COMMUNITY ACTION
PARTNERSHIP

**FIRST CALL
FOR HELP**

United
Way



United Way of
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