Do you know what services are available for seniors in your community?

**Great Lakes Community Action Partnership Senior Life Transitions** program can help you find out about the many social, health, wellness, housing and other services available to local seniors.

Find out what community resources are available to you to meet your future needs.

This institution is an equal opportunity provider.

Great Lakes Community Action Partnership
127 S. Front St., Fremont, Ohio 43420
419-334-8911 • 1-800-775-9767
www.glcap.org
If you are a senior who is looking for connections to local programs, resources and assistance available for you in your community, we can help.

**Our Senior Life Transitions program** offers a one-stop hub that provides comprehensive information about local senior services.

We can link you to programs for:

- Socialization and senior activities
- Health needs including Medicare and Medicaid counseling, medication assistance, home health, behavioral health, Alzheimer’s and dementia, hospice and other medical needs
- Home-delivered meal options
- Transportation needs
- Living options including local senior housing, in-home assistance, long-term care, and assisted living/nursing facilities
- Caregiver and respite assistance
- Family services for seniors raising grandchildren or great-grandchildren
- Other community senior services

We are available for one-on-one consultations as well as group presentations.

Contact the Great Lakes Community Action Partnership Senior Life Transitions program today to learn more about senior services in your community.